

My journey back to life after the stroke

Accessibility & Inclusion

Jonas Rapp

Thank you to our Sponsors

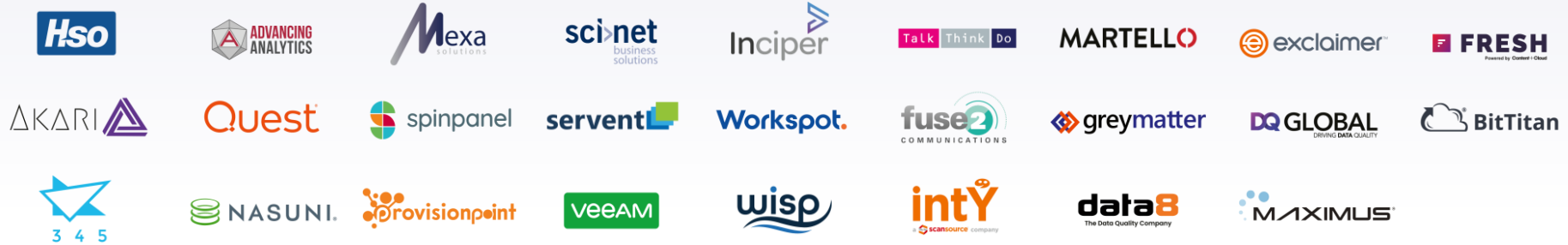


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RULES



Say what?



Nasty...



Ask me!



The Body.

WHO AM I

Tools

Share

MVP



MY SESSION

Dev

My Story

Fun

Remember



Stroke

STROKE

Dr. Ohlsson



Your PC ran into a problem and needs to restart. We're just collecting some error info, and then we'll restart for you.

20% complete



For more information about this issue and possible fixes, visit <https://www.windows.com/stopcode>

If you call a support person, give them this info:

Stop code: CRITICAL_PROCESS_DIED

STROKE

Blue Screen
of Death 

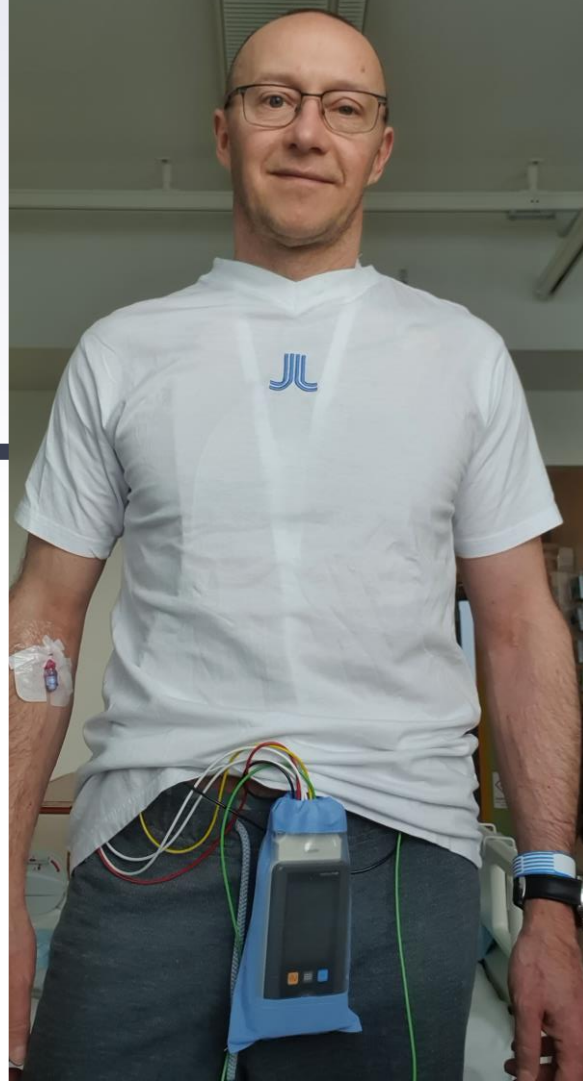
Reboot

Reinstall

Buy new

16/2/21
2/16/21

2021



16



X-RAY

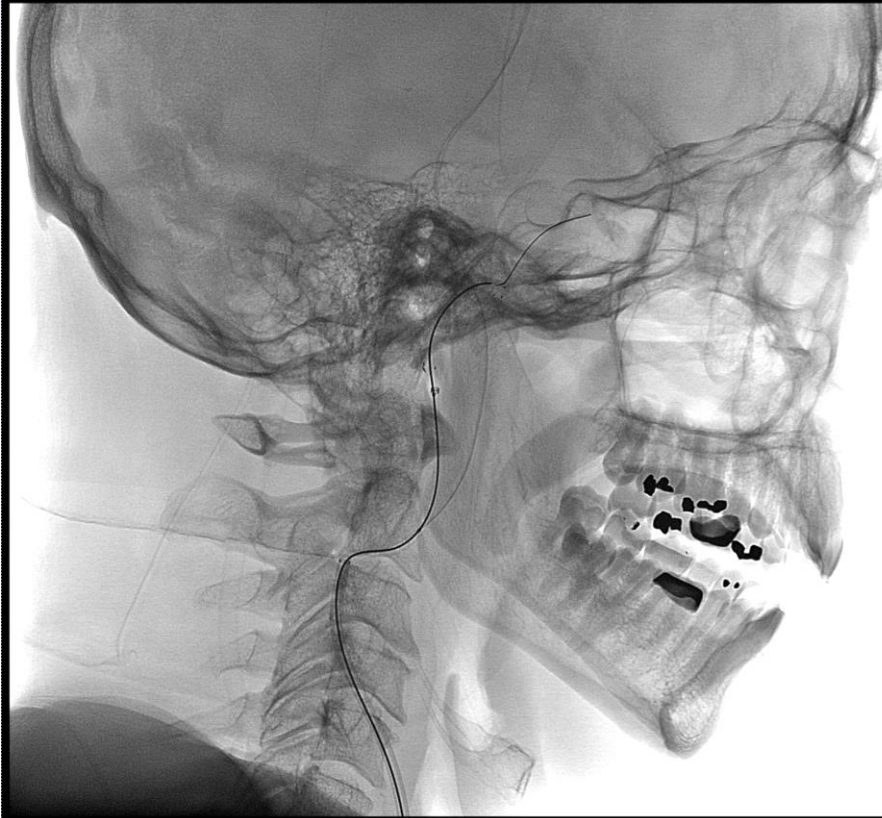


DO C SAYS:

 Hm... He's hard!



X-RAY



DOC SAYS:

Jonas - BE STILL!





Post Stroke

2021-XXX-XXX

2021-02-19

STATE

✗ Walk

✗ Talk

✓ Think (~ish)

✓ My feels

STATE

New Life

WHY?

WHY?

DOC SAYS:



We don't know...

CRY

- | | | | |
|---|-------------|---|---------|
| ✘ | Stroke | ✔ | You |
| ✘ | Pre-stroke | ✔ | My life |
| ✘ | Not talking | ✔ | Movies |

I'M HAPPY

“I’m happier now
than I would be
without I got the stroke.”



Aphasia

APHASIA

Wikipedia

<https://en.wikipedia.org/wiki/Aphasia>

is an inability
to comprehend
or formulate
language
because of damage
to specific brain regions

Aphasia

From Wikipedia, the free encyclopedia

For other uses, see [Aphasia \(disambiguation\)](#).
Not to be confused with [Aphagia](#).

Aphasia is an inability to comprehend or formulate language because of damage to specific brain regions. The major causes are a cerebral vascular accident (stroke) or head trauma. Aphasia can also be the result of brain tumors, brain infections, or neurodegenerative diseases, but the latter are far less prevalent.^[3]

To be diagnosed with aphasia, a person's speech or language must be significantly impaired in one (or more) of the four aspects of communication following acquired brain injury. Alternately, in the case of progressive aphasia, it must have significantly declined over a short period of time. The four aspects of communication are auditory comprehension, verbal expression, reading and writing, and functional communication.

The difficulties of people with aphasia can range from occasional trouble finding words, to losing the ability to speak, read, or write; intelligence, however, is unaffected.^[3] Expressive language and receptive language can both be affected as well. Aphasia also affects visual language such as sign language.^[2] In contrast, the use of formulaic expressions in everyday communication is often preserved.^[4] For example, while a person with aphasia, particularly expressive aphasia (Broca's aphasia), may not be able to ask a loved one when their birthday is, they may still be able to sing "Happy Birthday". One prevalent deficit in the aphasia is anomia, which is a difficulty in finding the correct word.^{[5];72}

With aphasia, one or more modes of communication in the brain have been damaged and are therefore functioning incorrectly. Aphasia is not caused by damage to the brain that results in motor or sensory deficits, which produces abnormal speech; that is, aphasia is not related to the mechanics of speech but rather the individual's language cognition (although a person can have both problems, particularly if they suffered a hemorrhage that damaged a large area of the brain). An individual's "language" is the socially shared set of rules, as well as the thought processes that go behind verbalized speech. It is not a result of a more peripheral motor or sensory difficulty, such as paralysis affecting the speech muscles or a general hearing impairment.

Aphasia affects about 2 million people in the US and 250,000 people in Great Britain.^[6] Nearly 180,000 people acquire the disorder every year in the US alone.^[7] Any person of any age can develop aphasia, given that it is often caused by a traumatic injury. However, people who are middle aged and older are the most likely to acquire aphasia, as the other etiologies are more likely at older ages;^[8] for example, approximately 75% of all strokes occur in individuals over the age of 65.^[9] Strokes account for most documented cases of aphasia.^[10] 25% to 40% of people who survive a stroke develop aphasia as a result of damage to the language-processing regions of the brain.^[11]

RAPPHASIA

Jonas Rapp

<https://stroke.jonasr.app>

Brain  ok.

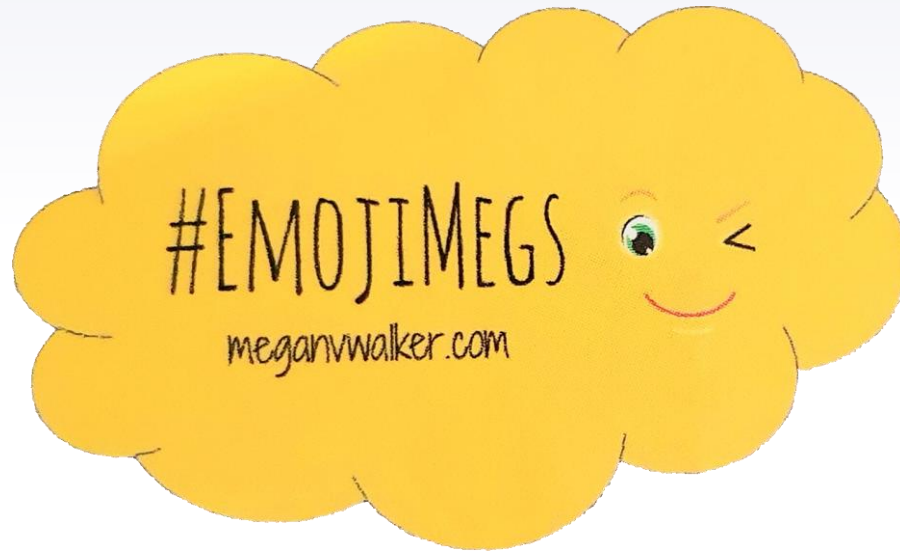
Talk  bad.

EASY READ

A11y = Accessibility

a11yproject.com

COMMUNICATION



COMMUNICATION



COMM - EXAMPLE



Y
ry

RAPPHASIA

Today.
Always.

DOC SAYS:



Talk! Talk! Talk!

TALK HOW

M  **o**  **j**  **o**  **Nasty**
Lovely



LISTEN



Talk



Skiing



Listen



Slalom

TALK TO ME



Slow



Scottish



Techy



Queen

ENGLISH 🙄

C is Wrong.

C → S and K

🛑 Stop it!

Colleague

→ Kollig

Bicycle

→ Baysikl



Fix Me

SICK

2 weeks

Work

Not sick

Training

FIX IT!

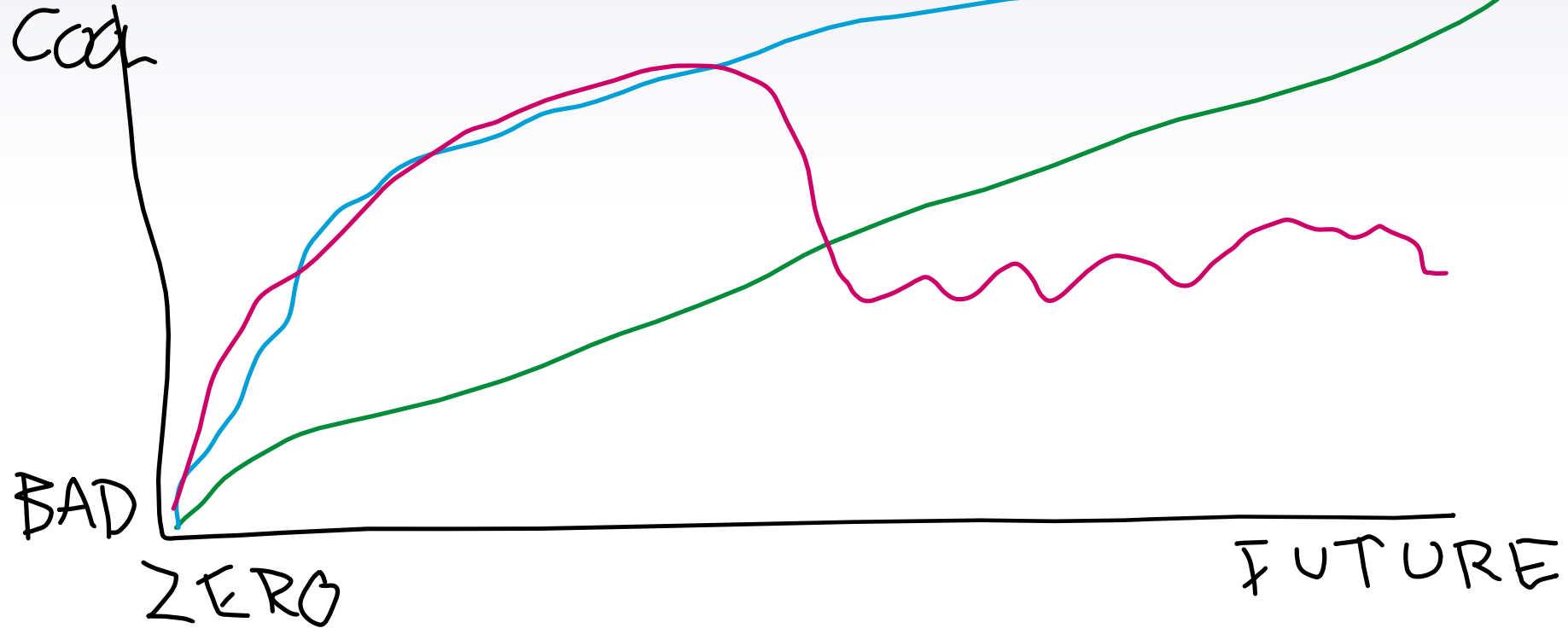
Aphasia!

Brain!

Body!

Wait...

MY FIX



TRAINING

So easy

Try hard

Don't do

No experience

DOC SAYS:

Don't 

Smoke

Don't 

Boxing

PANIC

Improving

Setback

Back

Rebound

PANIC

How?

DRUGS

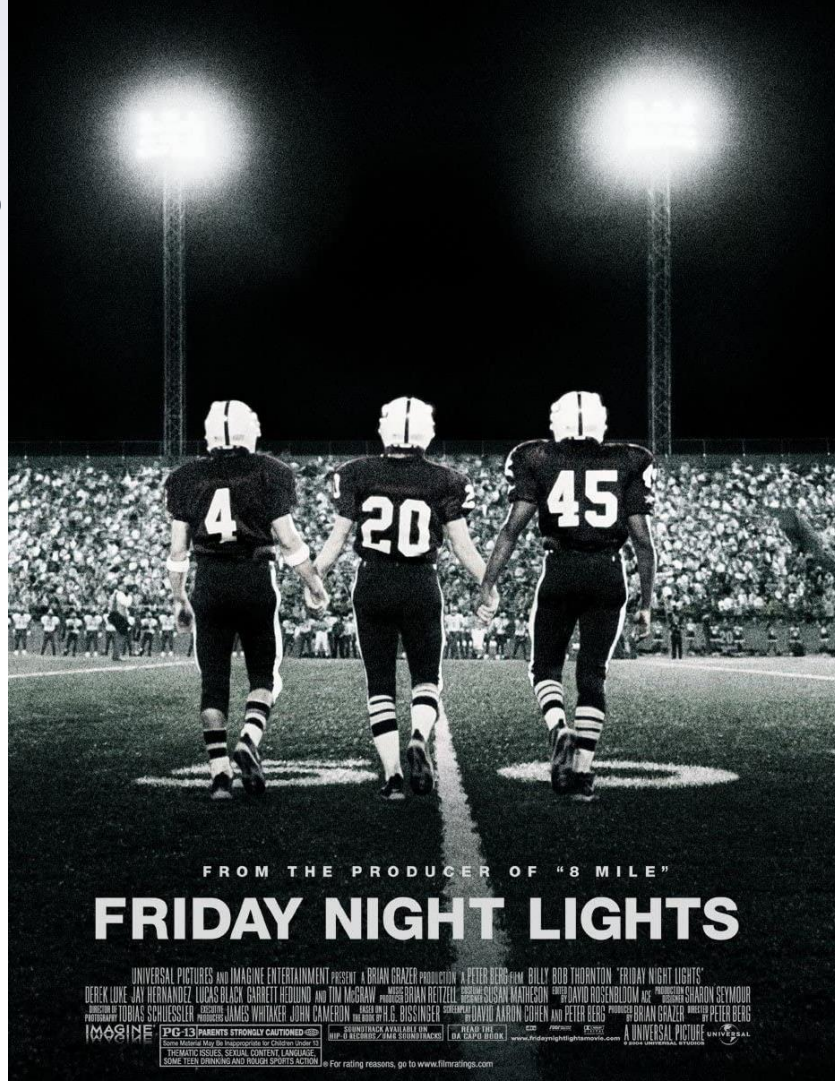
Afraid

Say No

Sleep

Know Me

Handwritten signature



FROM THE PRODUCER OF "8 MILE"

FRIDAY NIGHT LIGHTS

UNIVERSAL PICTURES AND IMAGINE ENTERTAINMENT PRESENT A BRIAN GRAZER PRODUCTION A PETER BERG FILM BILLY BOB THORNTON "FRIDAY NIGHT LIGHTS"
DEREK LUKE JAY HERNANDEZ LUCAS BLACK GARRETT HEDLUND AND TIM MCGRAW MUSIC BY DANIEL BISHOP COSTUME DESIGNER SUSAN MATHESON EDITOR DAVID ROSENBLUM AND PRODUCER SHARON SEYMOUR
DIRECTED BY THOMAS SCHLUESSLER EXECUTIVE PRODUCERS JAMES WHITAKER JOHN CAMERON READER PAUL C. BISSINGER EXECUTIVE PRODUCERS DAVID AARON COHEN AND PETER BERG PRODUCED BY BRIAN GRAZER WRITTEN BY PETER BERG
IMAGINE PARENTS STRONGLY CAUTIONED Some Material May Be Inappropriate for Children Under 13
SOUNDTRACK AVAILABLE ON MP3, CD, RICHIE'S, JAME SOUNDTRACKS
HEAR THE DIFFERENCE
A UNIVERSAL PICTURE
UNIVERSAL PICTURES
For rating reasons, go to www.filmratings.com

RAPPHASIA

Loss

Some words

Soul words

Somewhere

MEMORY

I do write

I don't read

I don't remember





Work

#code

- 1 m - recognize
- 4 m - fix things
- 5 m - new version
- 7 m - new tool

Jonas Rapp #pause
@rappen

XRM Tokens Runner for @XrmToolBox

This makes it so much easier to compose the XRM Tokens from the Dataverse metadata and helpers, and the result of the selected record will be showed direct when you are creating the XRM Tokens.

jonasr.app/2021/09/xrmtr/

XrmToolBox for Microsoft Dataverse and Microsoft Dynamics 365 (v1.2021.9.52)

Connect Windows Configuration Help Open environment Impersonate

Start page Tools XRM Tokens Runner (Jonas Rapp)

XRM Tokens Documentation Send back XRM Tokens by Jonas Rapp

Get Record

Table **1** Account Record **2** Exodus Inc **3** Lookup

XRM Tokens

Input- all the text and Tokens **4**

```
Company: {name}
Location: {address1_city}<11f{{address1_country}}neq||, {address1_country}} (world}>
Chief: {primarycontactid.firstname}
Chief owner: {primarycontactid.ownerid.firstname} ({primarycontactid.ownerid.cvalue})
Colleagues:
<expand|contact|parentcustomerid|fullname}>|fullname|
|true|true|100}>
```

Build XRM Tokens **5** **6**

Column System Expand # Link Select above Add Manual

Result **7**

```
Company: Exodus Inc
Location: Dosway, Sweden
Chief: Harry
Chief owner: Jonas (41135da-008-444d-96c5-1a0180e46326)
Colleagues:
Anna Martinsson
Harry Martinsson
Lisa Someone
```

#code

Remember

Find

C# words

New name 

ACCESIBILITY & INCLUSION

We talk

Change talk

We try

I'm best

TIPS TO KOLLIGS

Meet

Task

Topic

I work

Write

Check

MY TIPS

Focus

I know

Break

My time

Focus

Relax

VISUALISATION

Be Here

Next:

I nailed it! 

SS2022

THANKS!

Finished

Today

Not End

Unknown 



To Be Continued

...

Jonas Rapp



Thank You!

Please scan the QR Code to provide any feedback.

<https://forms.office.com/r/q2FK7p2XiR>

